

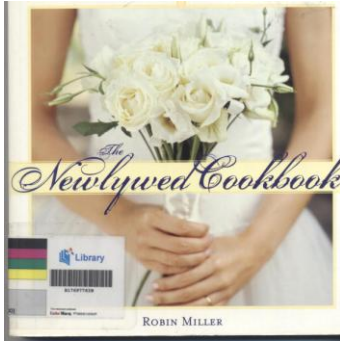
Title: The Don't Sweat Guide for Newlyweds
Author: By the editors of Don't Sweat Press
Publisher: New York: Hyperion, 2003
Call No.: English 306.81 DON - [FAM]

For newlyweds, the transition from singlehood to couplehood can be rather daunting, especially if one is not prepared mentally. If left unchecked, differences before marriage can easily morph into conflicts – and these conflicts may mutate into BIG fights!

In this title *The Don't Sweat Guide for Newlyweds*, the editors of Don't Sweat Press have covered various areas of concern for couples who have just gotten married. These areas are condensed into 100 pointers within the 208 pages, covering a wide range of topics - handling stress, changes in habits, tolerance for each other when living together, practical tips for newlyweds, respecting each other's privacy - and many other useful pointers. Although this book lacks graphics and illustrations, it is still an engaging read with its easy-to-read language and clear writing style of the editors.

A definite bible for newlywed couples. It can even be considered a refresher for couples who have been married for a long time. Give it a flip now!

Contributed by Justin Tan, Public Libraries, National Library Board (NLB)

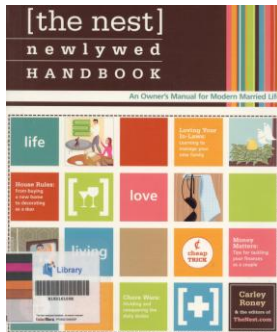


Title: The Newlywed Cookbook
Author: Robin Miller
Publisher: Naperville, Ill.: Sourcebooks, 2006
Call number: English 641.5 MIL - [COO]

The author mentions that *The Newlywed Cookbook* is just what every couple needs to embark on a lifelong adventure of great eating. The book overflows with more than 200 recipes, easy-to-follow instructions and personal advice on how to navigate the kitchen. From planning intimate, candlelit meals to hosting the first sit-down dinner party, this collection has it all. This is a perfect guide for newlyweds: breakfast in bed, picnic lunches and easy, fun dinners together. Couples can whip up their own special meals for the holidays too. There are also inspiring menus perfectly tailored for different occasions, each with its own versatile recipe.

Besides recipes, the reader will also be treated to a simple guide to common cookware, terminology, spice indexes, preparation and cooking times, including tricks and tips from the stovetop to the dining room table. For busy couples who cannot be bothered with lengthy preparations, fussy techniques and intimidating lists full of exotic ingredients, they will be delighted with the easy-to-follow steps. This is a perfect book for couples looking forward to cooking a lifetime of meals together.

Contributed by Janice Ow, Public Libraries, National Library Board (NLB)



Title: The Nest newlywed handbook: an owner's manual for modern married life
Author: Carley Roney
Publisher: New York: Clarkson Potter, c2006.
Call No.: English 646.78 RON - [FAM]

After a long search, you have finally found the right person to spend the rest of your life with. However, does that automatically translate into a 'happily ever after' ending? Marriage, unfortunately, is not that simple. Most people assume that a marriage runs by itself; that the happiness of a married life is a self-sustaining cycle. In reality, couples still grapple with the same issues they had before tying the knot, plus a whole new arsenal of unexpected challenges.

Sounds daunting? Marriage is, after all, -about two people coming together to deal with the practicalities of life. This big project called "marriage" contains plenty to figure out: to have a joint or separate savings account, to decide which neighbourhood to live in, when to have your first baby, amongst many, many other things!

The Nest Newlywed Handbook is a handy manual to help you navigate this confusing marital jungle. Armed with practical advice, tips and tricks, checklists, quizzes and worksheets, couples will acquire the tools needed to deal with such tough situations. This guidebook also tackles issues ranging from finances to maintaining good relations with the in-laws, and is sure to help you get your new life onto the right track.

Contributed by Yang Qinli, Public Libraries, National Library Board (NLB)