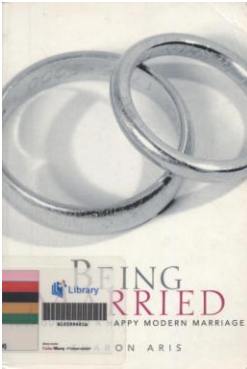


Title: Married Life: Getting Along with Your Significant Other
Author: Leong Ching
Publisher: Singapore: SNP Editions, c2006.
Call No.: SING English 920.72095957 LEO

Is married life something to dread or something to look forward to? In her book *Married Life: Getting Along with Your Significant Other*, Leong Ching shares with readers the ups and downs of married life. This book is a compilation of the 24 articles which were first published in the 'Married Life' column of the Straits Times. While most of these articles talk about the author's relationship with her husband, she also includes some short interviews with various people about their married lives. The interviewees range from highly successful people such as Claire Chiang, to your ordinary man on the street, such as forklift driver Mr. Cheong.

The chapters are written in a lighthearted manner, making this book a relaxing read. Leong Ching starts off by writing about her budding romance with her then-boyfriend (now husband) and subsequently, moves on to writing about her experiences as a wife. The main backdrop for her stories is Singapore, making it easy for readers to relate to them. The author has no qualms about poking fun at herself in this book (the chapter on the henpecked husband was particularly hilarious) and many a time, you cannot help but chuckle to yourself as you thumb through the pages of this book.

Contributed by Lim Lee Lian, Public Libraries, National Library Board (NLB)



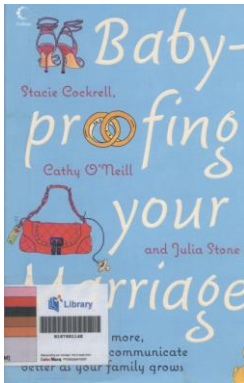
Title: Being Married: Your Guide to a Happy Modern Marriage
Author: Sharon Aris
Publisher: Crows Nest, N.S.W.: Allen & Unwin, 2005.
Call No: English 306.81 ARI – [FAM]

In the 21st century, despite the rising number of divorces, there are still many couples tying the knot. “Yes, I want to marry you!” are six very easy words to exclaim, but sustaining the marriage and living happily ever after is a great task and a journey to be undertaken seriously by all married couples.

From this book, you will gain insights into the real life experiences of married couples. They will share with you what they have done right, done wrong and how they have made their marriages work. You will be able to obtain views from the range of research done in this area and it will be of value and relevance to maintaining a healthy marriage.

There are ten chapters and the summary found at the end of each chapter serves as an easy recap for readers. Vital information on marriage maintenance and tips for a blissful marriage are also offered. Enjoying each other’s company with or without children, sharing household chores, settling money issues for the family (among others) are great tasks and require lots of sacrifices by the married couple. This book is a handy survival guide as the author has gathered lots of information from married couples and marriage experts to share with all who seek to make real the ideal of “happily ever after”.

Contributed by Manemegalai Annamalai, Public Libraries, National Library Board (NLB)



Title: Baby-Proofing Your Marriage: How to Laugh More, Argue Less, and Communicate Better as Your Family Grows
Author: Stacie Cockrell
Publisher: London: Collins, 2007.
Call number: English 306.872 COC – [FAM]

Baby-Proofing Your Marriage is a book that contains all the truths about how having children can affect your relationship and what to do about it.

This opinionated guide addresses how the early parenting years impact marriage. It discusses in detail many couples' frustrations over the division of labour, changing roles and expectations, and dealing with parents and in-laws.

Stacie, Cathy and Julia help you to understand why these challenges occur, exploring both the male and female perspectives, and how you can address them, and opine that complaining is not the solution. You will find answers to commonly asked questions often residing at the back of the minds of married couples. These answers offer easy, realistic solutions to keep your relationships healthy.

The overall objective of this book is to unite husbands and wives through the early childhood years while providing an understanding of what the other spouse needs and wants out of the marriage. It is recommended that you read this book while expecting your baby as there will be very little free time to read when your baby arrives, especially during the first few months. This book is well written with plenty of humour along the way and expectant couples will surely find this easy-to-read book beneficial while they go about their hectic preparations for the arrival of their new bundle of joy.

Contributed by Janice Ow, Public Libraries, National Library Board (NLB)